



## LEMON MINT CUCUMBER POPS

**ACTIVE TIME:** 25min    **PASSIVE TIME:** 15min    **SERVINGS:** 4-8

### Ingredients

1 sprig mint  
1 sprig lemon verbena  
1/4 cup sugar  
1/3 cup water  
2 cucumbers



- 1** remove lemon verbena and mint leaves from stem, heat up in pot with water and sugar for about 5min
- 2** remove ends of cucumbers, large dice, and blend in food processor or blender
- 3** strain lemon mint leaves from simple syrup, add to food processor or blender, and blend until smooth
- 4** pour mix into popsicle mold, ice tray, or small cups, stick skewers or toothpicks in the center of each, and freeze for at least 4hrs



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